



# SESSION SYNOPSIS

**Title:** Solving the moving and handling problems faced when a person falls in an outdoor environment

**Speaker:** Laura Wilshaw, Moving & Handling Facilitator, East Kent Hospitals University NHS Foundation Trust

**Session Type:** Workshop (Practical)

**Abstract:** Health and Social Care Organisations face challenges when a person falls in an outdoor environment. All organisations have different policies and the scenario also raises a number of questions: Do you move the person or not? How long will the person be on the ground for? What equipment is there available to me to get the person up from the floor? The practical session will explore a case study from East Kent Hospitals University NHS Foundation Trust. We will look at what organisations' current standard operating procedures are, the challenges faced and the equipment that can be used to transfer a person from the outdoor environment to the indoor environment safely.

This session is aimed at those working in:

- Strategic Advisor
- Adult Care
- Acute Care
- Community Care
- Social Care



# SESSION SYNOPSIS

**Title:** Turning, Repositioning and Boosting: An interactive workshop on pressure injury interventions.

**Speaker:** John Venters, Regional Sales Manager, Stryker

**Session Type:** Workshop (Practical)

An interactive workshop looking at ways to reduce pressure injuries on the heel and sacrum. This talk will address the risk factors associated with pressure injuries and show how simple interventions can assist with turning, repositioning and boosting patients. As well as patient outcomes we will show how the correct tools and methods can prevent health worker injuries.



# SESSION SYNOPSIS

**Title:** Age simulation suit

**Speaker:** Kerry Kemp - Walsall Healthcare NHS Trust

**Session Type:** Workshop (Practical)

To be able to understand, physical and mental changes in people as they age This session will provide simulation of the physical and mental changes of ageing using a GERonTologic simulator to experience the impairments of older people, such as:-

- narrowing of the visual field
- joint stiffness
- loss of strength
- reduced grip ability
- reduced coordination skills

**Speaker biography:**

Kerry Kemp is an Ergonomist Moving and Handling with Walsall Healthcare NHS Trust. She has held this role for 10 years and has worked at the Trust in various roles for 29 years in total. She holds a MSc Ergonomics in Health and Community Care from Loughborough University and is a Graduate member of the Chartered Institute of Ergonomics and Human Factors. She is continually exploring how ergonomic approaches can be embedded across moving and handling education and training and is particularly interested in civility and employee health, safety, and wellbeing. Joanne Barker is a Moving and Handling practitioner with Walsall Healthcare NHS Trust. She has held this role for 7 years and has worked at the trust for 22 years She holds various qualifications, the most recent being a NEBOSH Cert, IOSH Managing Occupational Health and Wellbeing and Human Factors Train the Trainer. She is very passionate about delivering excellent care with compassion, kindness and professionalism and is particularly interested in employee wellbeing.

**This session is aimed at those working in:**

- Adult Care



# SESSION SYNOPSIS

**Title:** How Low Should a Low Bed Be?

**Speaker:** Mike Fray - Loughborough University

**Session Type:** Workshop (Theory based)

The quest for early mobilisation and the issue with un-observed falls can be seen as a complex problem in all forms of care. There is a wide range of low, and ultra low beds available and the procurement and protocols for supply can be contradictory. This study reports two activities. A systematic literature review (Fray et al., 2022) reviewed all the published material that described the activities of rising from a bed surface. Though there was evidence to show that there was a lower limit where people would be impaired by a low bed there was little to define the preferred height. A laboratory study investigated in detail the acceptance and impairment created by a range of bed heights above and below knee height. The findings will be reported in the presentation to define:

- When a person might be made to not be able to egress the bed.
- What the preferred height for any person might be based on their own anthropometry
- Outline the lowest height for any bed that is to be used for a person to mobilise.

**Speaker biography:**

Dr Mike Fray is a Senior Lecturer in ergonomics and human factors. He created the world leading postgraduate programme (MSc) for patient handling practitioners. His research explores the physical, medical and organisational effects of care delivery and the application of EHF to improve the equipment, methods, environments and outcomes of patient handling.

**This session is aimed at those working in:**

- Strategic Advisor
- Adult Care
- Acute Care
- Community Care
- Social Care



# SESSION SYNOPSIS

**Title:** Keeping Everyone on Board with Moving and Handling

**Speaker:** Sally Casey - Valence School

**Session Type:** Workshop

This presentation describes a whole-school approach to how moving and handling services are organised and delivered in a special school. Key aspects include training workshops, mentoring, monitoring practice, learning from incidents and student involvement. Some practical ideas for overcoming moving and handling challenges in a school environment are shared, and the presentation will conclude with some examples of evaluating the effectiveness of training in moving and handling. Learning objectives are that ideas and initiatives relating to training, staff support, and user involvement can be shared. A key outcome is to help other similar organisations to use or adapt these strategies for the benefit of their service development in moving and handling.

**Speaker biography:**

Sally has worked as an occupational therapist in acute and community settings with children and young people. She joined Valence School in 2010 as part of the moving and handling team and since 2019, has held the position of lead for moving and handling and school therapy services.

**This session is aimed at those working in:**

- Novice Trainer Paediatric



# SESSION SYNOPSIS

**Title:** Back To Basics - Recharging Your Techniques

**Speakers:**

Dave Robinson - Northern Regional Manager, Hospital Direct

Bruce Gutteridge - Head of Business Development at Hospital Direct

Dave Bennett - Southern Regional Manager for Hospital Direct

**Session Type:** Workshop (Practical)

Our workshop has been created to focus on getting back to basics with M&H by recharging everyone's confidence with some of the every day useful techniques such as: Sling fitting, Body patterns, Levels and Pivot points.

Bruce will welcome everyone followed by a 5 min introduction of Hospital Direct. This will then lead us onto a 35 min practical workshop with Dave R and Dave B where we'll look at a variety of techniques for sling fitting, body patterns, levels and pivot points. This will conclude with a 5 min Q&A at the end.

**Speaker biographies:**

Bruce Gutteridge - heads up all of B2B and B2C opportunity's for HD. This includes all sectors across the UK and Ireland from Acute, Community and private organisations, including our growing customer base around the world. Dave Bennett - covers the southern areas for HD. This includes demonstrating a variety of products and problem solving with clients. hes also a key part in the management of our production team. Dave Robinson - looks after the Northern end of the UK supporting new and exciting customers across the Acute and Community sectors with his vast knowledge and experience for manual handling.

**This session is aimed at:**

Novice trainer  
Adult care  
Acute care  
Experienced trainer  
Paediatric  
Community care  
Social Care Other