



SESSION SYNOPSIS

Single-handed care: Is it a credible solution to the Health and Social care workforce crisis?

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Session Type: Plenary

No capacity across Health and Social Care systems: Something must change...

As the crisis hits new all-time high's in 2022, over 600,000 individual's are awaiting an assessment or review (ADASS, 2021), patient's unable to go home are often deconditioning in a hospital setting as the average length of stay increases. The patient flow through the hospital is affecting the vulnerable of society (Hopkins, 2021), ambulances unable to respond or handover to Accident and Emergency departments in a timely manner. Across the UK patients are being discharged home, without care packages in place, some area's there are waits of up to nine months for a QDS x2 care package. The presentation will demonstrate that the single-handed care approach is being successfully used across Health and Social Care systems.

The single-handed care approach is being implemented as part of the Discharge to Assess process across organisations within the UK, including England, Scotland and Wales. Given the challenges across the totality of the health and social care workforce we need to think and plan differently for the people we care for. Discussions and decisions about going home and how people's care needs will be managed and delivered are inextricably linked, they should be personalised and the appetite for risk versus increased harm due to a prolonged length of stay should be considered.

The ethos of Home First and single-handed care allow for a person to be where they most want to be which is in their own home.

This presentation will look to marry these two very important ways of working to ensure the best outcomes for people, reconsider the conversations we have about people and showcase evidence based stories that promote best practice.

We will share the vision and several successful case studies across the United Kingdom.

ADASS Press Release: Snap Survey reveals a rapidly deteriorating picture of Social Care Services.

29th November 2021. Accessed 13th December 2021 at [Adass](#)
Hopkins, C. (2021) NHS Providers

Speaker biography:

To follow