

# NATIONAL BACK EXCHANGE | 2019 CONFERENCE AND EXHIBITION



## WORKING SOLUTIONS

23 – 25 SEPTEMBER 2019 | HINCKLEY ISLAND HOTEL, HINCKLEY, LEICS, LE10 3JA

Promoting excellence in manual handling

## PROGRAMME AND BOOKING PROCEDURE



**Conference 2019** is fully residential and is held at Jurys Inn Hinckley Island Hotel in Leicestershire. This offers you three days in a luxury hotel with everything under one roof which allows you easy access to the full conference programme including an extensive range of equipment.

Attending Conference will give you the opportunity to:

- Discuss current and future legislation and policies with national leaders
- Meet fellow professionals and share best practice
- Return to the workplace with new ideas to help you in your practice
- Benchmark and audit your practice
- Remain at the cutting-edge of your profession
- Meet exhibitors with products and services dedicated to your profession
- Complement your CPD portfolio and update your skills



Delegates at Conference include back care advisors, ergonomists, educators, suppliers of products and services, service users and researchers and innovators.

Full session titles, abstracts, biographies and photographs are on the NBE website

[www.nationalbackexchange.org](http://www.nationalbackexchange.org).



Please do study the session abstracts before selecting which ones you would like to attend. The Learning Evidence Form is on the website and is a simple and effective tool to help with the selection of sessions, support CPD and provide evidence to your employer of return on investment.



**MONDAY 23 SEPTEMBER 2019**

- 08.00** Registration Desk Opens  
**09.00** Exhibition and coffee/Local Officers Workshop  
**09.30** New members/first timers meet and greet  
**10.00** Welcome and chair for the day – Simon Love  
**10.15** Plenary 1: Dave Nolan – Are we feeding the pain monster?  
**11.15** Exhibition and coffee  
**11.45** Session 1 – see choice below  
**12.30** Exhibition and lunch and Advanced Members Workshop  
**13.45** Plenary 2: Kenny Ajayi – One Size Fits None – Assembling Engagement within a Patient Safety Collaborative [PSC]  
**15.00** Session 2 – see choice below  
**15.45** Exhibition and tea  
**16.15** Plenary 3: Dave Nolan and NBE Executive – Are we feeding the pain monster? Focus Groups to determine Key Messages  
**17.15** Annual General Meeting of National Back Exchange  
**18.00** Trade Evening with Buffet Supper

**CODE MONDAY 11.45 SESSION 1**

- S1A Elizabeth Hallows: Safe systems of work: It's all in the detail – experiences of a moving and handling expert witness [t]  
 S1B Exhibitor Workshop: Wealden Rehab – more than just a chair [p + t]  
 S1C Gemma Vaughan: Exploratory evaluation of hospital porters in relation to MSDs [t]  
 S1D Exhibitor Workshop: Direct Healthcare Group – Practicalities of the Pannus: Reducing the Complexity of Tissue Viability and Repositioning of the Plus Size Pannus for Rehabilitation [p]  
 S1E Pip Bryant and Jo Brown: Safeguarding – Exploring the role of a moving and handling advisor within care homes [t]  
 S1F Exhibitor Workshop: Medstrom Healthcare – What is the true definition of a 'low' bed and how effective are they at reducing risk? [p]  
 S1G Carole Johnson: Writing for publication – the first steps [t]

**CODE MONDAY 15.00 SESSION 2**

- S2A Elizabeth Hallows: Safe systems of work: It's all in the detail – experiences of a moving and handling expert witness [t]  
 S2B Exhibitor Workshop: Slingsby – handle it, the right way [p]  
 S2C Gemma Vaughan: Exploratory evaluation of hospital porters in relation to MSDs [t]  
 S2D Exhibitor Workshop: Benmor Medical – Working solutions – Are you focused on the safe management of the heavy patient? [p]  
 S2E Pip Bryant and Jo Brown: Safeguarding – Exploring the role of a moving and handling advisor within care homes [t]  
 S2F Exhibitor Workshop: GBUK – Up, up, up and away [p]  
 S2G Carole Johnson: Writing for publication – the first steps [t]

[t] theory session

[p] this session will contain practical elements

**TUESDAY 24 SEPTEMBER 2019**

- 08.00** Exhibition and Registration Desk Opens  
**09.00** Chair for the day – Mel Sturman  
**09.30** Plenary 4: Melanie Sturman – behavioural approach to supporting moving and handling practices with individuals who have dementia and behaviour that challenges – and – Alzheimer's Society: Dementia Awareness  
**10.30** Exhibition and coffee  
**11.15** Session 3 – see choice below  
**13.00** Exhibition and lunch  
**14.30** Session 4 – see choice below  
**15.15** Exhibition and tea  
**16.00** Session 5 – see choice below  
**19.30** Drinks Reception  
**20.00** Conference Dinner

**CODE TUESDAY 11.15 SESSION 3**

- S3A Carole Johnson: Portfolio of Evidenced Techniques [POETs] [p]  
 S3B Deborah Harrison: single-handed care – a practical approach [p]  
 S3C DEMENTIA: Joanna Davies: supporting mobility for people with dementia [t + p]  
 S3D Sarah Thornton: an ergonomics approach to managing transfer from two handed to one handed care [MSc thesis] [t]  
 S3E Pam Sherliker: Moving and handling in challenging situations [t+ p]  
 S3F Deborah Bell: Disabled Living Manchester – bridging the gap [t]

**CODE TUESDAY 14.30 SESSION 4**

- S4A Lorna Taylor: can musculoskeletal health investment improve quality of teaching in primary education? [p]  
 S4B Kelly Saunders: can workplace health and wellbeing initiatives increase activity in the workplace [t]  
 S4C DEMENTIA: Alzheimer's Society – supporting people with dementia [t]  
 S4D Exhibitor Workshop: Stryker – performing safe CPR, avoiding back injuries to the healthcare professional [p]  
 S4E Valerie Phillips: "Who cares for your hoist?" An exploration of the current state of the mobile hoist maintenance system in a hospital – analysis and recommendations [t]  
 S4F Exhibitor Workshop: Etac R82 – a guide to choosing the appropriate standing equipment for early mobilization of a service user [p]  
 S4G Melanie Sturman – independence and dementia – do the two fit together? [p]

**CODE TUESDAY 16.00 SESSION 5**

- S5A Lorna Taylor: can musculoskeletal health investment improve quality of teaching in primary education? [p]  
 S5B Kelly Saunders: can workplace health and wellbeing initiatives increase activity in the workplace [t]  
 S5C DEMENTIA: Melanie Sturman: independence and dementia – do the two fit together? [p]  
 S5D Exhibitor Workshop: Invacare – loss of mobility – the moving and handling journey [p]  
 S5E Valerie Phillips: "Who cares for your hoist?" An exploration of the current state of the mobile hoist maintenance system in a hospital – analysis and recommendations [t]  
 S5F Alzheimer's Society – supporting people with dementia [t]  
 S5G Exhibitor Workshop: C J Medical – equipment – essential or desirable? Using the evidence to justify the case [t]

**WEDNESDAY 25 SEPTEMBER 2019**

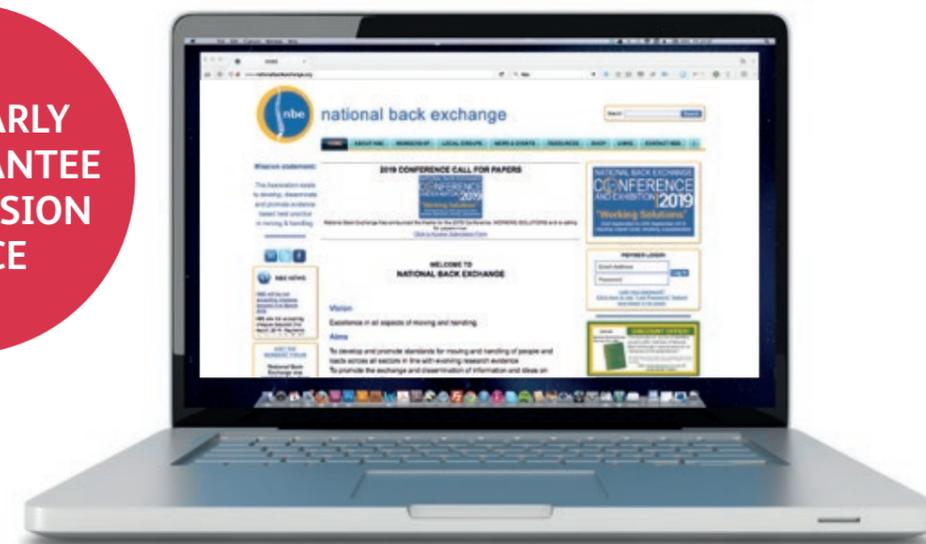
- 08.00** Exhibition and Registration Desk Opens  
**09.15** Chair for the day – Mike Fray  
**09.30** Plenary 5: Deborah Harrison and Jo Webb – can single-handed care provide solutions for the health and social care crisis?  
**10.30** Exhibition and coffee  
**11.15** Plenary 6: Mike Fray – an evaluation of time and accuracy for three types of hoisting systems [sponsored project/UG project]  
**12.15** Exhibition and lunch  
**13.30** Plenary 7: Alex Ruck Keene – practising lawfully in patient handling  
**15.15** Closing remarks  
**15.30** Close of Conference

**LEARNING EVIDENCE FORM**

- A simple and effective tool to help with the selection of sessions, support CPD and provide evidence to employer of return on investment.
- The form is available to download from the NBE website and can be copied as required [www.nationalbackexchange.org](http://www.nationalbackexchange.org).

NBE Conference – Learning Evidence Form  
 Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Session title: \_\_\_\_\_  
 Individual expected learning outcomes:  
 What I will learn from this: \_\_\_\_\_  
 Transferring knowledge into practice:  
 How I will use this in my practice: \_\_\_\_\_

**BOOK EARLY  
 TO GUARANTEE  
 YOUR SESSION  
 CHOICE**



To assist you with your selection, Session titles, abstracts and speaker biographies are on the NBE website

[www.nationalbackexchange.org](http://www.nationalbackexchange.org)

## BOOKING PROCEDURE

**NB: Telephone bookings cannot be accepted**

**Registration Form** please complete and post to Conference Administrator, National Back Exchange, Linden Barns, Greens Norton Road, Towcester, Northamptonshire NN12 8AW or scan and email to [admin@nationalbackexchange.org](mailto:admin@nationalbackexchange.org)

### PAYMENT METHODS

**Cheques:** NBE prefers payment either by Bacs or Card and is not taking payment by cheques – thank you – see below on how to pay

**Invoice:** complete INVOICE DETAILS on the separate booking form. Note: invoices cannot be issued after 3 August 2019.

**Bacs payments:**

Account Name – National Back Exchange

Sort Code – 20-61-55

Account Number – 50969001.

**Debit/Credit Card:** complete the Registration Form and send to Admin Office and contact the office [01327 358855] to pay with your debit/credit card.

**PAYMENT for EARLY BIRD** applications must be received by 15 July 2019 otherwise the balance of the new booking rate will have to be paid before a Conference place is confirmed.

### CONFIRMATION

Delegates please note:

- Confirmation will be sent to you within 15 working days of receipt of payment. You may need to follow up your Conference payment with your own organisation.
- Please supply information omitted from your Booking Form as soon as possible. If not supplied three weeks prior to Conference then your choice will be made for you.

### TERMS AND CONDITIONS

**Data protection**

Name and County only will appear in Programme. Data is gathered in accordance with the Data Protection Act 1998.

**Advanced Membership and Membership Rates**

Delegates must be a current NBE member or Advanced Member to qualify for membership rates.

**Insurance and liability**

National Back Exchange cannot be made liable for accidents to delegates or for damage to or loss of personal property however caused. Delegates are individually responsible for any loss or damage to hotel property and are advised to make their own insurance arrangements.

**Cancellations**

No refunds for cancellation of a delegate place will be given. Substitutions may be submitted. Please inform the Administration Office immediately in writing of any substitution.

### CLOSING DATE

The closing date for delegates is **6 September 2019** – any booking received after this date will incur a £50 late booking fee. Letters of confirmation will be sent with final letter.



**National Back Exchange**

Linden Barns, Greens Norton Road, Towcester, Northamptonshire NN12 8AW

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