

# Working Solutions

## Tuesday

### Stream E

Session 3  
1115– 1300

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## Moving and Handling in Challenging Situations

**This Practical and Theory session is aimed at Adult Care in an Acute and Community setting at Experience Trainers and Strategic Advisors**

### Biography:

I am a registered nurse with a wide range of experience in Acute and Primary Care and has been employed as a Moving and Handling Advisor and Health and Social Care Lecturer since 2000.

In 2010 I completed an MSc at Loughborough University and am a founder member of the Loughborough University Alumni Research Forum in Patient Handling.

My local NBE group is the Lancashire and Manchester Back Exchange which I chaired from 2012 until election in 2016 to the Executive Committee of NBE in the role of NW Regional Officer and then Membership Secretary.

I am a co-author of the current Clinical Skills.net publication for Moving and Handling and a contributor to the upcoming Handling of People book.

### Abstract:

The aim is initially to explore current practice in relation to Moving and Handling individuals who have challenging, resistant presentations or who do not respond as would normally be anticipated.

Subsequently, it is envisaged that sufficient data collection will inform and provide an evidence base for approaches to Moving and Handling for people who present in this way.

This is a development opportunity for those who wish to provide evidence to progress to Advanced Member status and for those who are required to provide portfolio evidence towards their 3 year Advanced Membership renewal.

It is also an opportunity for active participation of the NBE affiliated local groups to add to the body of knowledge and take ownership of the direction of our involvement with those individuals who present challenges to generic or traditional approaches to Moving and Handling.

If sufficient evidence is collected the results will be used to inform an NBE Professional Series Publication in relation to Moving and Handling people with resistant and challenging presentations.

### Objectives:

Acknowledge the legal, regulatory, professional and ethical perspectives of working with this patient / client group

Identify a development opportunity for those who wish to provide evidence towards or to maintain Advanced NBE Membership

Explore and identify local current practice in this subject area

Explore and agree safe and acceptable approaches in such situations

Outline a strategy for participation in collection of additional data to provide an evidence base for practice