

Working Solutions

Tuesday

Stream C—Dementia

Session 3

1115– 1300

Joanna Davis



Supporting Mobility for People with Dementia

This Practical and Theory session is aimed at Adult Care in the Community and Acute settings at Novice and Experienced Trainers and Strategic Advisors

Biography:

I have delivered moving and handling training for over 5 years and I have taught health and social care courses for over 20 years. I have a range of qualifications including DtlIs, RoSPA level 4 and I am currently completing an MSc degree in Dementia. I believe there is no greater privilege in life than to provide care and support to another human being.

Abstract:

This session is aimed at promoting and supporting mobility for people who have dementia. The presentation and workshop will be spent focusing on potential barriers that may impact upon a person's mobility and highlight the intrinsic and extrinsic factors that can restrict movement for a person with dementia.

Environmental barriers will be incorporated based on research from the Kings Fund and strategies discussed to adapt the environment to further promote mobility.

The session will discuss behaviours that challenge services and explore methods of reducing anxiety and finding alternative ways of communicating with a person with dementia.

Delegates will review safe handling strategies to help enable the person to continue to mobilise in a way that they choose. These strategies should be used alongside the current moving and handling risk assessments / care plans.

The aim of the session will be to raise awareness of the potential barriers to mobility for a person with dementia and implement strategies to remove barriers and promote mobility.

Outcomes for the delegates will include a raised awareness of how visual perception concerns can impact upon mobility for a person with dementia and methods of improving the environment to reduce these concerns. The delegates will be able to further suggest additional environmental strategies to assist with mobility and be able to carry out an audit of their home / work environment. Delegates will examine positive communication skills to support mobility and identify methods of removing communication barriers.

Delegates will review behaviours that challenge services and ways of supporting mobility in potentially challenging situations.

Practical demonstrations will include the use of touch techniques to support a person with dementia to aid communication. Delegates can observe and practice with a wedge and slide sheet to minimise discomfort for the person with dementia and the staff member.

Objectives:

- Identify a minimum of three methods of reducing visual perception concerns in order to promote mobility for people with dementia
- Explain four positive environmental strategies to assist with mobility for people with dementia
- Demonstrate methods of using positive communication skills to support mobility and identify methods of removing communication barriers
- Discuss how mobility can be affected by behaviours that challenge services and ways of supporting mobility in potentially challenging situations