

Working Solutions

Wednesday

Stream B

Session 3

1115– 1300

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Moving with Dignity: Exploring competencies with practical solutions when implementing single handed care

This Theory session is aimed at Adult and Child Care in an Acute and Community setting at Novice and Experience Trainers and Strategic Advisors

Biography:

Deborah is the Managing Director of A1 Risk Solutions ®. She is enthusiastic about creating a compassionate workforce, that safely handles service users with respect in a dignified manner. Specialising in moving and handling and single-handed care, working both nationally and internationally assisting organisations implement successful strategies and the associated competency-based training programmes. Deborah has developed the only Level 4 Advanced qualification in single-handed care and Dementia and moving and handling regulated by Royal Society Prevention of Accidents. Deborah was concerned about the level of risk across the health and care sector across the UK and developed the only online video-based training and risk management system in the world, which demonstrates it significantly reduces risks for both the service user and the handler. Deborah is the honorary lecturer for the Occupational Therapy Directorate at the University of Salford and enjoys developing the student's skills and the future workforce. Deborah has been the author of several publications in moving handling, single-handed care and author of the competency-based training book. Deborah presents nationally and internationally on moving and handling research projects. Deborah is also a committee member of the ISO committee as a standard maker in the hoist and slings working group. Deborah is also an associate member of the Royal College of Occupational Therapy and the National Back Exchange group.

Abstract:

The workshop will explore practical solutions to the age-old problems when implementing single handed care, looking at SHC and the person with distressed behaviour, reducing care with the larger person. The delegates will explore setting of competencies within this field as well as having lots of hands on practice with the equipment, using clinical reasoning establishing the client group this equipment type will be suitable for.

One of the barriers for single handed care is the lack of knowledge and assessment skills in this area. The use of equipment, technology and training to move and handle a patient as part of a SHC package, has been adopted piecemeal across parts of the United Kingdom, since 2005 (Byrom, 2005). It has been documented that there are many barriers and obstacles to SHC (Harrison, (2017), Bagetellas, (2017) and Mandelstam (2018). Let us try to reduce those barriers and share our skills and knowledge. Using an experiential approach and real case studies Deborah and her team will encourage delegates to explore possibilities.

Objectives:

1. Create and define a competency in single-handed care.
2. Share skills and knowledge for the benefit of handlers and service users.
3. Explore new techniques for sling application, bed care and standing transfers for different client groups.