

# Working Solutions

## Tuesday

### Stream A

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MCSP Cert Ed

Session 3  
1115– 1300

## Portfolio of Evidenced Techniques (POETs)



**This Theory and Practical session is aimed at Adult and Child Care in an Acute and Community Setting at Experienced Trainers and Strategic Advisors**

### Biography:

Carole is a Chartered Physiotherapist working in the resolution of complex people manual handling. She is an Honorary and Advanced Member of National Back Exchange. She has written for a number of publications and is currently editor of the journal, *Column* and is the NBE publications officer.

### Abstract:

High level research is the considered the best evidence for the manual handling techniques we actively use on a day to to day basis. As NBE members we snap up any research to support our actions and spend a great deal of time discussing the best methods to assist people to move to protect them and the handlers. We use whatever evidence we can find, especially our individual experience and opinion to make those decisions. But what if we could call on the experience and professional opinion of hundreds of other professionals?

The session will expand on the practical sessions from the NBE conference in 2016 and the ongoing work by local groups. The session will give the delegates an opportunity to use a range of assessment tools to assess some practical manual handling techniques, over a progression of techniques.

The purpose of POETS is to create a database of professional opinion using recognised metrics on manual handling techniques for assisting people to move or transfer. This database will be available to members to assist clinical reasoning and the decision making process.

A POETs assessment requires a model and handlers to undertake the technique and then assessors who each have a specific role in the process. A prior knowledge of using the POETs tools is beneficial but not essential. The techniques, equipment and setting will be ready for you to take part and contribute to a great resource.

### Objectives:

Delegates will be able to:

- To assist in the data collection for the POETs scheme
- To encourage delegates to use metrics to assess manual handling methods