

# Working Solutions

## Wednesday

Plenary 5

Deborah Harrison

0930– 1030

### Moving with Dignity: Will moving and handling have the ability to provide solutions for the health and social care crisis

**This Theory session is aimed at Adult and Child Care in an Acute and Community setting at Novice and Experience Trainers and Strategic Advisors**

#### Biography:

Deborah is the Managing Director of A1 Risk Solutions ®. She is enthusiastic about creating a compassionate workforce, that safely handles service users with respect in a dignified manner. Specialising in moving and handling and single-handed care, working both nationally and internationally assisting organisations implement successful strategies and the associated competency-based training programmes. Deborah has developed the only Level 4 Advanced qualification in single-handed care and Dementia and moving and handling regulated by Royal Society Prevention of Accidents. Deborah was concerned about the level of risk across the health and care sector across the UK and developed the only online video-based training and risk management system in the world, which demonstrates it significantly reduces risks for both the service user and the handler. Deborah is the honorary lecturer for the Occupational Therapy Directorate at the University of Salford and enjoys developing the student's skills and the future workforce. Deborah has been the author of several publications in moving handling, single-handed care and author of the competency-based training book. Deborah presents nationally and internationally on moving and handling research projects. Deborah is also a committee member of the ISO committee as a standard maker in the hoist and slings working group. Deborah is also an associate member of the Royal College of Occupational Therapy and the National Back Exchange group.

#### Abstract:

The presentation will discuss the project finding whilst simultaneously implementing single-handed care (SHC) across a multitude of organisations and a large geographical area. To date 15 NHS and Local councils have committed to work using the same strategy and business plan simultaneously. Providing care in a variety of settings is expensive and difficult to co-ordinate (Webb, and Richardson, 2014). Will we have enough caregivers to care for our ever-increasing number of over 65-year olds (NAO, 2018)? The use of equipment, technology and training to move and handle a patient as part of a SHC package, has been adopted piecemeal across parts of the United Kingdom, since 2005 (Byrom, 2005). It has been documented that there are many barriers and obstacles to SHC (Harrison, (2017), Bagetellas, (2017) and Mandelstam (2018). Evidence is available that significant monetary savings can be made across social care settings, whilst solving problems associated with increased demand and limited availability of caregivers (Harrison, 2018). Recent evidence has demonstrated that the introduction of SHC in a community can have a positive impact on the discharging hospital (Harrison, 2019). The presentation will present an innovative systems approach of, introducing, implementing and embedding SHC across all health, social care organisations simultaneously and share the project findings so far, both the expected and the unexpected.

#### Objectives:

1. Define and realise the benefits of single-handed care across health and social care internationally.
2. Learn from the first project of its kind and how this is so different to other projects.
3. Understand the positive effects of single-handed care on your delayed transfer of care figures
4. Explore and understand how to set up one regional project across several organisations.