

Working Solutions

Monday

Plenary 1

1015– 1115

David Nolan



Are we feeding the pain monster?

This Theory session is aimed at Adult and Child Care in a Community and Acute setting at Novice and Experienced Trainers and Strategic Advisors

Biography:

David is a clinical lead at the Staff Physiotherapy Service within Sheffield Teaching Hospitals. He has experience and expertise in a range of musculoskeletal pain problems, but he specialises in persistent and recurrent pain—especially back pain.

David has published in peer-reviewed journals and is currently involved in research evolving the traditional view of manual handling. He is also involved in clinical trials looking at the way back pain is treated, collaborating with Professor Peter O’Sullivan, Curtin University Perth and Dr Kieran O’Sullivan at Aspetar.

Abstract:

Keeping people with pain in work is critical to all stakeholders. The evidence behind what drives the disability associated with pain has changed in the last 10 years, with a better understanding of what keeps people trapped in cycles of pain, disability and time off work. I want to argue why and how workplace messages need to evolve to be consistent with the evidence.

Objectives:

- what predicts sickness absence associated with pain
- what drives pain related disability
- How can training influence beliefs