

Working Solutions

Monday Stream D

Session 2
1500 –1545

Benmor Medical

John Humphray
Stephanie Harding



Working solutions - Are you focused on the safe management of the heavy patient?

This Practical and Theory session is aimed at Adult and Child Care in an Acute and Community Setting at Novice and Experienced Trainers and Strategic Advisors

Biography :

John Humphray is a freelance moving and handling advisor specialising in supporting the bariatric service user. John started his moving and handling career as a moving and handling key trainer and has experience working in public services as well as in the charitable sector.

After 5 years of working within the NHS, John then worked commercially building up his own business specialising in supporting the bariatric service user. He delivers CPD accredited courses on behalf of Benmor Medical as well as an independent consultancy service for service users, staff and providers. John will not only advise staff but teach the practical skills required with the individual service user. John's passion and enthusiasm is key to his success in supporting service user in a safe and dignified manner.

Stephanie Harding is the former moving and handling advisor at the University Hospital Southampton NHS Foundation Trust. After 30 years in the field, Stephanie has recently retired from this post. Throughout her career she developed a keen interest in moving and handling of people. In her previous role, Stephanie developed a comprehensive bariatric care service for the patients entering the trust. Stephanie gained her Back Care Diploma at Loughborough University and has focused on the human factors in order to facilitate the development of comprehensive moving and handling services through the trust. Stephanie has a NEBOSH general certificate in H&S.

Abstract :

By 2050 obesity is predicted to affect 60% of adult men, 50% of adult women and 25% of children (Public Health England)

A knowledge base of body dynamics of this patient group (every patient is different) and the effects of their body shape on their movement and mobility, will help with the provision of a comprehensive risk assessment process required to assist with their effective care plans.

This session with the use of a practical tool box and using problem solving scenarios, will help support manual handling advisors to focus on the principles of the safer handling of the heavy patient.

Objectives :

- What assessment criteria have you considered?
- Have you identified available assistive aids and techniques to help prevent a manual handling injury to both the carer or the patient?
- Are you delivering effective arrangements?
- Use of specific bariatric handling plans to identify the individual patient circumstances and their immediate needs.