Inspiring Change

Monday
Stream A
Session 2 15.00

Claire Mowbray and Saintelia Douglas

Workshop for New manual handling Practitioners 1
Setting up an effective Service

Biography
Claire Mowbray  MSc (Back Care Management), FAETC, RGN
Claire has worked in the field of back care / manual handling since 1994. She established and managed the Back Care Advisory Service for the NHS in the south of Buckinghamshire for fifteen years, covering both primary and secondary care. In March 2009, she was appointed as the Head of Service for Back Care and Manual Handling for an acute hospital Trust in London, before becoming freelance at the end of 2010. Claire was a contributing author to the 5th edition of the Guide to the Handling of People and is a former Secretary of National Back Exchange.

Saintelia Douglas  DMS LPD (Back Care Management) BA (Hons) Cert Ed RGN
Saintelia has been employed as a Back Care Specialist Nurse for over 15 years. She is currently employed as a Team Lead for the Back Care Advisory Service for the Community Division of Buckinghamshire Healthcare NHS. Saintelia was a member of the data collection team for the Guide to the Handling of People 5th and 6th edition; and is the Membership Secretary for National Back Exchange.

Abstract
To establish an effective service can be very daunting, as the remit is often huge, incorporating the provision of educational and training programmes; return to work assessments for injured staff and the assessment of the moving and handling of patients or clients with complex needs. The resources available can unfortunately also be very limited. This workshop aims to provide new practitioners with the essential skills required and to highlight the common pitfalls, in order to prevent Manual Handling Practitioners from falling into the traps experienced advisors have learnt the hard way to avoid.